



Pratt Community College

Monthly Newsletter

THE

The official newsletter of PCC

BEAVER

BUZZ

February 2021

Maximum Student Learning

Individual & Workforce Development

High Quality Instruction & Service

Community Enrichment

Call for upcoming newsletter content

If you have information, ideas for new content, fun facts, or PCC trivia, send them to Audra for inclusion in the next newsletter.

>>> audrar@prattcc.edu

Spring 2021 Semester Begins!

After ending in-person classes for Fall at Thanksgiving and waiting out a delayed start for Spring, students are happy to be back on campus at PCC.

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REMINDER: For the health and safety of our students, employees, and visitors, protective face covering are required upon entering campus facilities, in all public spaces on campus and as designated in offices, meeting rooms, and classrooms. Physical/social distancing is also expected throughout campus.

We need YOUR help in minimizing the exposure of our campus and the Pratt community, so please join us in this fight against COVID-19.

Upcoming Dates

Valentines Show	Feb. 14
Board of Trustees Meeting	Feb. 15
Tech Week	Feb. 22-26



AG POWER

WELCOMES VISITORS



Good news travels fast. And in this case, about 900 miles.

When representatives from Fletcher Community Technical College in Houma, Louisiana began looking for guidance on starting a brand new Agricultural Power Technology program, the Ag Power program at Pratt Community college ranked at the top of their list.

So Mark Arceneaux, head of the Agriculture Technology Department, and instructor Cole Sawyer made their way to Pratt Community College for a visit.

PCC Instructor Ralph Williams was happy to show them around.

“They are starting an Ag Diesel training program from scratch in that area in reaction to demand for trained Diesel technicians. Our website caught their attention and sparked interest in seeing how we do things to help develop their program. We shared how our program works with 8 weeks of instruction, then 8 weeks of paid internship alternating through 2 years. “

Sophomore students currently enrolled in the Ag Power program at PCC were also on campus during the visit, providing input into the discussion as well.

“They were looking at what classes to offer as well as equipment to come up with. Research and development will continue based on input from visits to programs that will host Mark and Cole. We were really proud to be one of their picks to visit and enjoyed our time with them.”

The feeling was mutual from both higher learning institutions with the same goal: meeting the growing demand for diesel technicians, especially in Agriculture.

Arceneaux was grateful for the insight.

“Cole and I would like to thank Pratt Community College for allowing us to visit their Ag Tech program. We really enjoyed our visit with Mr. Williams and the tour of the Ag Tech facilities. They both were very informative and impressive. The information gained from our visit will be very useful in starting Fletcher's New Ag Tech program.”

MENTAL HEALTH MINUTE



As we approach what feels like our eightieth year of Covid, it is important for us all to remember to take time to take our mental health “temperature” too. Strong emotions exist not just as a sign of clinical diagnosis, but as normal reactions to acute stresses from major life events. Our lives, when we feel threatened, can become altered in a major, unanticipated, unwanted way. During those times, the CEO of the brain -the prefrontal cortex- and the amygdala may have disrupted communications, causing stress hormones to be overly produced. This can lead to not only distress in the body, but also distress in the mind. How we go about managing our emotions is just as important as taking care of our bodies; in fact, they easily and readily go hand-in-hand.

First, it is important that you allow yourself to sit with and fully experience the uncomfortable emotions you are having. It may feel overwhelming, but it is necessary to be aware of where you are in the moment and give yourself permission to feel the emotions. As you become aware of what you are feeling, you will be able to look for the ways that help you deal with those emotions. Sometimes simply talking to a friend or loved one does the trick. Sometimes it is a therapist. The important thing is to not keep the feelings bottled up because that only increases the fight-flight response going on in your body and mind, producing more and more stress hormones and other physiological and psychological reactions. Your body and mind need a break to rest-and-digest. This also means that

you may need to take a break from media – news, journalism, social media – because you can control your exposure to more negativity. The constant reminders flooding in lead to more stress and a brain that cannot stop firing constantly.

Find what you enjoy to help when the emotions arise. Practice mindfulness. Meditate in the mornings to help lower stress levels and quiet the brain for a moment. Exercise. Write in journal without judging yourself. Watch a movie. Listen to music. Go for a run. Read. Draw. The positive possibilities are endless for you.



One last note to help with the tough times – get plenty of sleep. Staying on a regular sleep schedule helps reset your body’s internal clock. It also helps you control something when the world around you seems to be out of control. Remember to avoid caffeine and other substances before bed and take a moment to focus of calming and positive thoughts from the day.

Regardless of the good, the bad, or the ugly times that everyone will go through, it is okay to not feel or be okay. It is okay to be scared...to be anxious...to be uncertain. Just remember that there are plenty of people here who care and will listen.



Amanda Wade
Licensed Professional Counselor

To schedule an appointment, email Amanda Wade
at amandaw@prattcc.edu or call 620-450-2263.

Powerful Message

on Depression and Anxiety at PCC



Former Coach Shares Powerful Message on Depression and Anxiety at PCC



Mark Potter spent thirty years coaching more than 800 games in his career as a head men's basketball coach. He now spends time traveling to area schools talking to students, but he doesn't talk about plays and strategies that win games.

Not directly, anyway.

He's passionate about another topic, just below the surface, that has just as much to do with winning games and supporting the team: mental health.

Potter described himself as the face of severe depression and anxiety, even at the height of his coaching career.

Mental illness is not an easy topic to open up about, especially when mental toughness is an expectation on the job and your team needs you.

Potter gets vulnerable to raise awareness and give others the tools they need to recognize signs and symptoms, and perhaps more importantly, see the strength in getting help.

Potter's wife Nanette speaks about mental illness from the standpoint of a caregiver and the family struggling to help their loved one.

The night's message was powerful, and needed.

The Potter family stayed until 10pm, speaking to individual athletes that stuck around afterwards, wanting to speak to them.

Student athlete Britney Bayer, of the Pratt Community College Women's Soccer Team, was especially moved in a Facebook post soon after visiting with the Potter's.

"Mental illness is something near and dear to my heart, and tonight's presentation hit hard. It is no joke, now more than ever with this peculiar year we have all been affected by. I love each and every one of you that I have on Facebook, and you are never alone! Tonight taught me how to deal with my own problems, and how to help others deal with issues that they may be unable to deal with themselves."

PCC Women's Soccer coach Ashley Burnett also chimed in.

"So powerful, and a topic that needs to be spoken about! Let's stop the stigma of mental health. His story and his message is what our athletes need to hear!"

PCC Women's Basketball coach Steven Kenner gathered his team together for a picture with Mr. Potter.

"Thank you to Mark Potter and his wife, Nanette, for talking to our team and the entire Pratt Beavers family about mental health struggles and sharing your story! You are making a difference in the lives of student-athletes across the country!"

Potter was originally scheduled to speak to a wider audience at PCC in the Fall 2020, but COVID-19 restrictions made it necessary to postpone until January 2021 and limit audience size.

CONTINUED...

Coach Kenner and athletes respond to Potter's powerful message

Kenner's statement:

"First and foremost, I would like to thank Coach Tim Swartzendruber, our Athletic Director for hosting such a great event the other night. I can remember the conversations Coach Tim and I had during our "long road trip" from the airport in Wichita back in December. I was really concerned with our student-athletes mental health during the fall semester. Understanding this was not a normal Fall semester...we were experiencing a pandemic, an increase in depression, higher suicide rates, unemployment skyrocketing, online/virtual learning, hospitals surpassing capacity, and the lack of collegiate sports. Just to name a few of the things we as a society were now having to deal with in our daily lives. This would be stressful for any person! Coach Tim expressed to me that he has invited his friend a former men's basketball coach, Coach Potter, as a guest speaker. Coach Potter's message was impactful and definitely needed! A special thanks to Coach Potter and his wife for sharing their experience of dealing with depression and mental health. Understanding the signs of certain mental health illnesses and communicating our feelings to our peers or love ones, is not a sign of weakness. Society is changing and we must adapt to change while having more empathy for those that are dealing with mental health issues."



Here's how our Beavers responded:

Jayda Garrett: "I thought the meeting was very important to hear and his words made people realize that they are alone. I have already experienced some students opening up about their mental health and wanting to seek help. I also found it vital that they gave us examples on how we all can help someone that is struggling with mental health."

Chariah Daniels: "I thought that the presentation was thoughtful and insightful. I learned how I can help my teammates, friends, and family members in the event of them experiencing depression or any other mental illness."

Boo Zeller: "The presentation was very inspirational and I learned that you're never alone. There is always someone who has gone through the same things as you have."

Natalya Taylor: "I appreciated his honesty and passion and willingness to share his story to help others."

Jordan Mathis: "The message that I got from Coach Potter's talk was that it's okay to seek help. Too many times we, student-athletes, are falling into the stigma that mental health has created. Being tough isn't about holding your feelings in, instead it's about recognizing and expressing that you're struggling so that can get help. I think that it was awesome to have someone come and talk to us about their struggles. To encourage us to help prevent the next athlete from feeling isolated."

#GOBEAVERNATION



Legislative Luncheon 2020

Pratt Community College hosted the 2020 Legislative Luncheon in a socially-distanced fashion on campus.

Pictured: Heather Morgan, Executive Director KACCT



The Legislative Luncheon is held annually in December with PCC hosting area legislators, both Senators and Representatives, and other community officials.

Attendees included the PCC Board of Trustees, the college administrative team, USD 382 Superintendent Tony Helfrich, members of the USD 382 Board, and USD 438 Superintendent Becca Flowers.

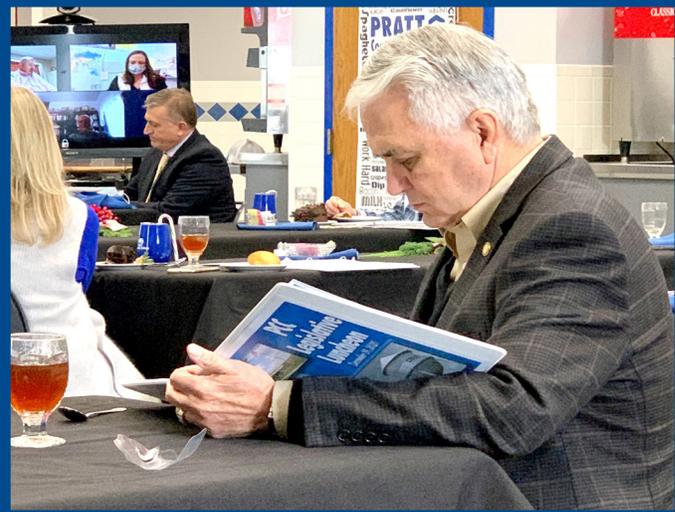
Legislative guests were Senator Larry Alley (Winfield-District 32), Senator-Elect Alicia Straub (Ellinwood-District 33), Representative Kyle Hoffman (Coldwater-District 116), Representative-elect Brett Fairchild (St. John-District 113), and Representative-Elect Michael Murphy (Sylvia-District 114).

Also, attending and presenting the legislative priorities for Kansas community colleges was Heather Morgan, (pictured) Executive Director of the Kansas Association of Community College Trustees (KACCT).

Pratt Community College President Dr. Mike Calvert notes the importance of hosting the Legislative Luncheon.



“It is always good to have legislators on the Pratt Community College campus and in our community, especially newly elected leaders. This year's luncheon brought two new state representatives to campus, Brett Fairchild and Michael Murphy. This meeting allows us to share what matters the most to community colleges across the state and specifically Pratt Community College. The conversation was engaging and we look forward to working with all the legislators in the upcoming 2021 session.”



Pictured: Senator Larry Allen

Students and Faculty at PCC were able to test drive a virtual reality welding simulator on campus for a week.

There is an interest in potentially adding this technology to enhance the new Welding program at PCC that started up again for the Spring 2021 semester.

Area high school instructors and administration will also test and evaluate the Lincoln Electric VRtech virtual reality trainer, as well as Instructor Daryl Lucas' welding advisory committee.

Students create a virtual weld using the wand and the VR headset, and view the quality of their weld on the monitor after the weld is complete.



PCC Student Luis Rodriguez (shown) enjoyed practicing with the simulator as he studies towards his first experience towards real-life welding.

PCC offers Level I and Level II Certifications and a degree path for Welding.



Contact Admissions for more information.
prattcc.edu/admissions
620-450-2217
pccadmissions@prattcc.edu

Message from the President

Dr. Michael Calvert

It's been, it's safe to say, a wild ride since Mid-March 2020.

We've never been down this road before, we haven't trained for this, no one has, no one's gone through this type of thing, at least in our lifetime. So just a whole bunch of uncertainty, disruption, safety was the number one concern.

We wanted to come back for the fall semester if we could in person, to resume as much college life as we could, as we have a large number of student-athletes and technical program students here for hands-on training.

Several safety measures have been put in place in response to COVID-19 to date:

- Formed Return to Campus Task Force for ongoing procedures from multiple perspectives
- Adjusted course schedule to offer more sections with less bodies
- Spread out classrooms with plexiglass to allow for distancing
- Increased number of online classes
- Provided masks for all students, faculties and staff
- Modified calendar to conclude face-to-face classes to Thanksgiving
- Delayed Spring semester start by a week and a half
- Fall Athletic programs moved competitions to Spring
- Testing availability, protocols established for students and staff
- Ongoing communications with campus and community health officials
- Response team for students in quarantine/isolation to bring meals, homework, crafts, check-ins

Have we made mistakes? Of course. Could we have done something better? Absolutely. But generally speaking, the response was hit with "What do we need to do?" and "How do we address this?" from all levels at the institution.

Our facilities folks have been just tremendous with cleaning the facility and sanitizing and keeping it going that way, and our IT department stepped up helping our faculty and support staff work remotely, or meet those needs to teach classes and provide services for our students.

Our faculty have just done a tremendous job of juggling that, being in person one day, on screen the next. It's just a total change for them and they've come through it with flying colors, so much appreciation to them.

The best part to me, was it never got to be in an unmanageable situation. Not that it's routine now, but we know how to handle it, and we know what has worked, at least to date.

Hats off to all of our faculty, our staff and our students for the way they've reacted. They've taken this on. They just have, and we've been successful to date, and tomorrow's a new day.



EXPERIENCE

PRATT

Community College

Interested in jump starting your college career and earning credits through Pratt Community College's College Start Program?

Speak to your high school counselor or contact PCC's admission office today.



JOIN BEAVER NATION

BEAVER CHECKLIST:

- VISIT CAMPUS
- APPLY FOR ADMISSION
- TAKE ACT/SAT
- APPLY FOR HOUSING
- APPLY FOR SCHOLARSHIPS
- APPLY FOR FINANCIAL AID
- FINALIZE ENROLLMENT



Schedule a campus tour or visit prattcc.edu/tour today.

PCC HONOR ROLL FALL 2020

PRESIDENT'S HONOR ROLL

Archie Agnew
Christian Aparicio-Chavez
Bryce Atkinson
Jaden Atwood
Ethan Baalman
Elijah Baker
Lucas Baker
Faith Bannister
Jacob Beeson
Caden Blankenship
Reid Burger
Hailey Curran
Denton Dean
Garrett Dempsey
Natalie Denaro
Levi Dickerson
Alexandra Dirks
Karen Dirks
Brenna Dolezal
Hope Dowty
Cort Elliott
Avery Epperson
Kylee Erickson
Jayda Garrett
Anthony Gideon
Cole Gilbert
Sevren Hance
Kylee Harman
Blake Herrman
Marcus Hetherington
Caleb Hinck
Tucker Hurst

Judith Isbell
Matthew James
Dalton Kenworthy
Sonja Killough
Brady Klein
Keith LaBrue
Jacob Larson
Vanessa Leckner
Jazmin Levario
Alexandra Marshall
Zachary McPhee
Michelle Melson
Jacob Miller
Christopher Montgomery
Joshua Musick
William Oldham
Luis Rodriguez
Tyson Rush
Pake Sipes
Koby Spielbusch
Gage Taylor
Natalya Taylor
Matthew Thayne
Alexia Torres
Megan Urban
Dakota Volavka
Lianna Washington
Cassandra Wedel
Christy Wiebe
Tanner Wray
Matthew Young



PCC HONOR ROLL FALL 2020

DEAN'S HONOR ROLL

Caden Adkins
Brianna Aragon
Tanner Arellano
Svenja Arnold
Andrew Baker
Connor Barnett
Britney Bayer
Jacob Benham
Parker Berg
Rohankumar Bhakta
Grant Bolen
Chase Bradshaw
Ian Brau
Jacob Brault
Sierra Bryant
Sara Carrington
Jacob Carroll
Chad Chambers
Carson Cheatwood
Allison Clark
Dylan Collins
Rollen Copeland
Keegan Cormier
Allison Coss
Jayden Crawford
Caleb Cude
Chariah Daniels
Colton Davis
Isaac De La O
Marcomiche Downer
Jack Ebenkamp
Samuel Fisher
Jonathan Foster
Samuel Gatlin
Aden Gibson
Demian Gonzalez
Colton Gossman
Madison Hamilton
Tess Harbert

Braden Harp
Patrick Hartsock
Jaycie Headrick
Alaina Hedrick
Kylie Hefling
Ethan Hill
Zoey Hillis
Mariah Hillman
Selena Humphrey
Brett Huslig
Lucy Jacks
Kaleb Jackson
Rebecca Kadau
Tyler Kasinger
Jarron Kaufmann
Cordell Kickhaefer
Angela Killough
Kyle Kobold
Augustus Krier
Chance Kruckenberg
Talia Kruger
Cydney Larson
Braydon Lemuz
Salem Lowe
Braiden Mattocks
Kamron Mayfield
Grant May
Laurisa McAbee
Trajan McCormick
Zachary McDonald
Erin McGinley
Kierra McGuire
Deston Miller
Jacob Mitchell

Skye Monroe
Jada Moss
Jordan Mullins
Cassandra Onwugbufor
Kasey Patel
Jonathan Pedroza
Mwanakombo Penza
Weston Pfeifer
Dayton Porsch
Alexa Puerto
Emma Randels
Luke Rider
Joseph Rivera
Ronnie Robinett
Juan Salcido
Carsyn Schooler
Morgan Schrag
Dacoda Settlemyer
Jazmyne Shannon
Clayton Simmons
Jackson Singleton
Jarret Stapleton
Evan Strange
Alaina Strickland
Slade Stull
Jallen Sullivan
Kamryn Theilen
Quinn Tocheniuk
Juan Urbina
Melody Valle
Jhovani Vargas Serna
Ivan Venegas
Matthew Waldmeier
Aspen Warren
Riley Washington
Adalynn Wells
Taidon Wills
Katelyn Yell
Ying Hua Zeller



PRATT COMMUNITY COLLEGE CELEBRATE DIVERSITY TEAM

The History of Martin Luther King, Jr. Day

On January 15, 1929, Martin Luther King, Jr. is born in Atlanta, Georgia, the son of a Baptist minister. King received a doctorate degree in theology and in 1955 helped organize the first major protest of the African American civil rights movement: the successful Montgomery Bus Boycott. Influenced by Mohandas Gandhi, he advocated civil disobedience and nonviolent resistance to segregation in the South. The peaceful protests he led throughout the American South were often met with violence, but King and his followers persisted, and the movement gained momentum.



A powerful orator, King appealed to Christian and American ideals and won growing support from the federal government and Northern whites. In 1963, Bayard Rustin and A. Philip Randolph led the massive March on Washington for Jobs and Freedom; the event's grand finale was King's famous "I Have a Dream" speech. Two hundred and fifty thousand people gathered outside the Lincoln Memorial to hear the stirring speech.

In 1964, the civil rights movement achieved two of its greatest successes: the ratification of the 24th Amendment, which abolished the poll tax, and the Civil Rights Act of 1964, which prohibited racial discrimination in employment and education and outlawed racial segregation in public facilities. Later that year, King became the youngest person to win the Nobel Peace Prize (in 2014 Malala Yousafzai became the youngest to receive the prize at age 17). In the late 1960s, King openly criticized U.S. involvement in Vietnam and turned his efforts to winning economic rights for poor Americans. He was assassinated in Memphis, Tennessee, on April 4, 1968.

Source Cited:
Martin Luther King, Jr. born (2010, February 9). In HISTORY.
<https://www.history.com/this-day-in-history/martin-luther-king-jr-born>

When is Martin Luther King, Jr. Day?

Martin Luther King Day is observed every year on the third Monday of January. King was an influential civil rights leader - best known for his work on racial equality and ending racial segregation in the United States. His life and achievements are remembered and celebrated on this day.

Source Cited:
Martin Luther King, Jr. Day. (n.d.). In National Today.
<https://nationaltoday.com/martin-luther-king-jr-day/>

JOIN US!

**CELEBRATE DIVERSITY TEAM
MEETS THE FIRST TUESDAY
OF THE MONTH
3PM | VIA ZOOM**

Contact Lisa Perez-Miller at
lisam@prattcc.edu for more information.

PRATT COMMUNITY COLLEGE CELEBRATE DIVERSITY TEAM

Pratt Community College respects, values, and celebrates the diversity of our students, faculty, staff and the communities we serve, believing that diversity enriches the educational experience.



The Celebrate Diversity Team is responsible for developing, coordinating and/or facilitating college-wide initiatives which aid in fostering a campus culture which is welcoming, safe, and inclusive of all stakeholders and supports Pratt Community College's diversity core value.

February DIVERSITY Awareness

BLACK HISTORY MONTH

February diversity celebrations include Black History Month, also known as African-American History month in the United States, marking the important contributions of blacks to the United States, Canada and United Kingdom.

Birthdays of key black Americans include February 1, the birthday of playwright and poet Langston Hughes. The abolitionist Frederick Douglas was born on February 14.

And February 17 marks the birthday of the great singer Marion Anderson, the first African-American to sing a leading role at the Metropolitan Opera in New York City. W.E.B Du Bois, one of the founders of the National Association for the Advancement of Colored People, was born on February 23.

NATIONAL HOLIDAYS

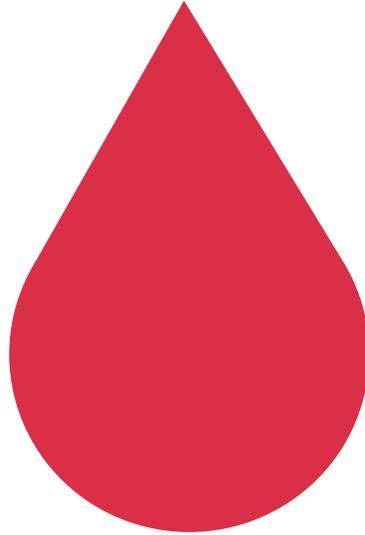
February is also filled with national and independence days. Countries with key holidays include Mexico (Constitution Day, February 5) and Japan (National Foundation Day, February 11) and the United States (President's Day, February 20). And for all the romantics out there, if you love someone, the one holiday you absolutely must remember is February 14, Valentine's Day.



PHI THETA KAPPA
HONOR SOCIETY

hosts

Pratt Community College
BLOOD DRIVE



Wednesday, February 3
8:30am to 1:00pm
at the Pratt Community Center
619 N. Main, Pratt, KS, 67124

For an appointment please see Jason Ratcliffe
or call 1-800-RED-CROSS (1-800-733-2767)

Amazon is thanking donors Feb. 1-28 with a \$5 Amazon.com Gift Card by email.
See rcblood.org/together

American Red Cross

1-800-733-2767

redcrossblood.org

Download the
Blood Donor App

WE ARE BACK!!!

AND EXCITED FOR A NEW YEAR!!!

NEXT

Thursday February 4th

**We Will Be Delivering
Wood Slice Painting Supplies
To Students Who Sign-up**



**This semester we will be giving out prizes
to random students who show us their skills!!!**

**Be sure to UPLOAD a picture of your fantastic
Wood Slice Painting piece for a chance to WIN!!!**

More Details will be sent to your PCC Email.



GO BEAVER SPORTS



WBB notches first win of 2021, Coach Kenner era

PRATT, Kan.- New women's basketball coach Steve Kenner has been working furiously behind the scenes to get his team up to speed to his vision and playing style, among other things. In his first game patrolling the Beavers bench, things went according to his master plan.

Active defense was the theme of the night for the Beavers, beating the Threshers 83-48 by way of forcing 33 turnovers and allowing only a 26 percent of Bethel College's shots to fall.

In her first collegiate game, Cassie Onwugbfor tallied 18 points on an efficient 9-14 shooting (64%), while also nabbing six rebounds and a pair of assists. Freshmen Christy Wiebe and Chariah Daniels also ended the night in double figures, both scoring 13 points. Wiebe was 3-5 from deep, while Daniels also managed a game-high eight rebounds off the bench.

Circling back to the defensive end, the Beavers were stout, active, and the results speak for themselves. Allowing only 15 made baskets in 40 minutes, Pratt forced 33 turnovers, with only 26 percent of Bethel's shots connecting, including 17 percent from long range (4-23).

The Beavers put the pedal to the medal early, jumping out to a 9-0 lead after the game's first three minutes. Pratt saw the first quarter end with a 25-14 lead. The Beavers struggled offensively in the second quarter, but the Beavers defense managed to keep the Threshers at bay, owning a 42-26 halftime lead.

It was more of the same in the second half of play, as the Threshers were never able to trim the Beavers lead to more than 12 points, as Coach Kenner saw his women shoot 56 percent in the fourth quarter to subdue Bethel College until the final whistle.

SPORTS CONTINUED..

#8 BEAVER WRESTLING STEAMROLL

RANKED FOES TO START 2-0

PRATT, Kan.- Rewarded with a number eight next to its name, the Pratt wrestling program has been bestowed lofty expectations following a 2020 in which two of its incumbents won national championships. To start 2021, the Beavers proved that number may even be a little too low. Hosting both #11 Neosho County and #20 Cloud County on Tuesday, head coach Ken Kepley's team felt little resistance from ranked conference opponents, winning both duals 48-3 and 38-6, respectively.



VS. NEOSHO COUNTY

One of the aforementioned national champions is Michael Spangler, who opened the evening for Pratt with a stealthy pin fall early in the second period. Facing off against Roberto Camacho, Spangler led 8-2 with more than a minute remaining in the period before reversing position, scoring a takedown, and quickly locking in the decisive position. Jason Henschel, a star freshman for the Beavers, opened his collegiate career against the fifth-ranked Kolton Miller. At the two-minute mark of the first period, Henschel defended a takedown with a well-timed sprawl before landing in top position. Henschel then took Miller's back and progressively worked toward an eventual pin fall with only 20 seconds remaining in his first collegiate period.

Jacob Mitchell, a returning 141-pounder for the Beavers, grinded out an intense 6-4 decision against #3 Ethan Ewing. Mitchell shook of an early takedown to score a reversal midway through the first period, then scoring his own takedown at the 1:30 mark of the second period. Mitchell was hit with a stalling call about 30 seconds later, as the period ended with Mitchell leading 4-3. Mitchell managed to create a takedown with only seconds to spare to give him some cushion and 6-4 decision win. Dayton Porsch (157 lbs.) and Taidon Wills (165 lbs.) both won on first period pin falls in their respective bouts, as did Deston Miller at 184 pounds. Cayden Atkins, wrestling at 174 pounds, grinded through a 7-3 decision loss against #4 Tyson Villalpando, though the score didn't due justice to his effort. #7 Bryce Westmoreland found tough sledding against Ryan Murphy at 197 pounds, though Westmoreland managed to find a first period takedown, a second period reversal, and ample riding time to create a 4-1 win. Devon Dawson opened eyes at heavyweight, as the freshman manhandled Emmanuel Briggs to a 8-2 lead after the first period. In only 15 seconds of the second period, Dawson scored a single-leg takedown, gained top position, and scored the pin fall.

VS. CLOUD COUNTY

The 125-pound class was left open by Cloud County, giving the Beavers six free points. At 133 pounds, Henschel was just as impressive in his second match as he was in the first. Henschel spent most of the match on top and in control of his opponent Toby Gavette, leading to a 18-3 technical fall following the final whistle. Mitchell was locked in a back-and-forth affair, but he continually created points en route to a 14-7 decision win. Beeson proved to be his dominant self in his second match, managing a 17-0 technical fall decision against Joel Ostrom. Porsch was tested in his second matchup of the night versus Tristin Hauck, but still came out on top with a 15-7 majority decision. Wills and his Cloud County opposition Cooper Mosier dueled over a furious seven minutes, but Mosier managed a 8-6 decision win. Cayden Atkins did not have an opponent at 174 pounds, winning by forfeit. Miller gritted out a 8-6 decision win, while Westmoreland was downed in a sudden death 12-10 loss. Dawson was not given an opponent in the final match of the night, winning via an open mat.

TRACK & FIELD EARLY MOMENTUM AT WASHBURN ALL-KANSAS INVITE

TOPEKA, Kan.- For obvious reasons, 2020 wasn't the best year for most. However, the track & field program at Pratt Community College found unprecedented success, and it appears that momentum has yet to be slowed.

Among the Beavers to compete at the Washburn University All-Kansas Invite on Saturday was Marvin Jean-Francois, who set personal records in both the 60-meter hurdles and 200-meter dash. Jean-Francois placed second in the hurdles, finishing with a time of 8.14 seconds in the event's final round. His work in the hurdles qualified him for the national meet later this spring. Jean-Francois also thrived in the 200-meter dash, placing fourth with a time of 22.29 seconds. Teammate Jamaal Morris Jr. also ran in the 200-meter dash, placing 24th with a time of 23.34 seconds.

Pratt's men's 4x400 relay team finished second in the event, timing out at 3:21.12.

Newcomer Tebogo Maseema debuted for the Beavers in resounding fashion, winning the triple jump with a distance of 14.18 meters.

A 2020 cross country and half-marathon All-American, Zach McPhee placed fourth in the 3000-meter run, finishing the race at 8:36.63, wiping out the previous PCC school record by 12 seconds. Greg Curry recorded a personal best in the high jump, placing fifth in the event with a height of 1.89 meters.

Kashawn Baptiste and Mark Emilien competed in the 400-meter dash, with the pair placing fifth and 10th, respectively. Baptiste posted a time of 50.26 seconds, while Emilien wasn't far behind, finishing at 50.74 seconds.

Uwimana Rukundo, another cross country crossover, completed the one-mile race with a time of 4:43.19, good for 16th place.



#DEFENDTHEDAM



A Message from the Athletic Director

The KJCCC developed guidelines and protocols for athletics this spring. The document is 15 pages long and rather than include the entire document, I am highlighting items I felt might be of interest. Please let me know if you have any questions or want to see the entire document.

- Each school will do daily COVID screenings.
- Schools will send weekly updates of COVID results to Commissioner.
- There will be mandatory game day screening which includes screening for the school before they depart for a contest and when they arrive at their destination. This screening must take place within six hours of the contest.
- Athletic Trainers and Administration will do game day screenings for both their school and visiting school.
- Officials will complete screening prior to leaving for the contest and will get screened when they arrive.
- Institutions must report positive COVID results within 24 hours to Commissioner.
- Athletes who test positive must complete a Return to Play form and follow protocol following their isolation.
- Individuals who access competition area are required to wear a face covering, other than student-athletes and officials who are currently engaged in competition. Student-athletes, coaches and other team personnel in bench area must have a mask on while not currently engaged in competition.
- Those seated at score table must wear a face covering at all times, including the public address announcer.
- No fans will be allowed to attend contests through February 5. On February 1, a KLCCC President/AD meeting will occur and reconsideration will be given to this policy.

Please check our athletic website: www.gobeaversports.com for up to date information on schedules and other. We will be streaming all contests starting next Friday with a men's basketball game. Thank you for your support and understanding.

Tim Swartzendruber
Director of Athletics
January 15, 2021



PRATT Community College

- ONLINE PROCEDURES ENCOURAGED FOR APPOINTMENTS, MEETINGS AND PURCHASE OF TEXTBOOKS
- FORMATION OF THE RETURN TO CAMPUS TASK FORCE TO ADDRESS SAFETY MEASURES
- SCREENING/TESTING PROTOCOLS FOR ATHLETICS PRIOR TO COMPETITIONS
- MENTAL-HEALTH BREAKS FOR STUDENTS IN QUARANTINE/ISOLATION
- MASKING AND SOCIAL DISTANCING SIGNAGE THROUGHOUT CAMPUS
- REGULAR UPDATES ON COVID-19 FROM PCC PRESIDENT AND HEALTH NURSE



KEEPING CAMPUS SAFE

#COOLOFFCOVID



LEARN MORE AT
www.prattcc.edu/coronavirus



