

Associate of Science Academic Degree Map

Sport Sciences 2025-2026

**Sports Administration, Coaching, Physical Education, Personal Trainer,
Sports Performance & Wellness**

This is a suggested sequence of classes based on the average student load and course prerequisites. Not all courses are offered every semester. For specific discipline electives, please refer to the page labeled “Systemwide General Education Program” following the degree requirements in the PCC Catalog. The specific required math course depends on the area of study. Milestones, courses, and special requirements necessary for timely progress to complete an area of study are designated to keep students on track to graduate in two years. Missing any of these could delay program completion. Students should consult with their advisor for more information.

Corequisite Course (if needed, must be taken with college level required course)		
(ENG098 +ENG176), (MTH056 + MTH176), MTH078 +MTH178), (MTH081 + MTH181)		
ENG098	Support for English Composition I	2 cr hrs
MTH056	Support for Contemporary Math	2 cr hrs
MTH078	Support for College Algebra	2 cr hrs
MTH081	Support for Elementary Statistics	2 cr hrs

1 ST SEMESTER			2 ND SEMESTER		
Course	Hrs	Milestones/Notes	Course	Hrs	Milestones/Notes
ENG176 Eng Comp I (SGE) ⁰¹⁰	3		ENG177 Eng Comp II (SGE) ⁰¹⁰	3	ENG176 w/ C or higher
MTH178 College Algebra or higher (SGE) ⁰³⁰	3		Arts & Humanities (SGE) ⁰⁶⁰	3	
Social & Behavioral Sciences (SGE) ⁰⁵⁰	3		Institutionally Designated (SGE) ⁰⁷⁰	3	
*Area of Study	3		*Area of Study	3	
Open Electives	3		Open Electives	3	
TOTAL	15		TOTAL	15	
3 rd SEMESTER			4 th SEMESTER		
Course	Hrs	Milestones/Notes	Course	Hrs	Milestones/Notes
Natural & Physical Science (SGE) ⁰⁴⁰	4-5		Social & Behavioral Sciences (SGE) ⁰⁵⁰	3	
Communications (SGE) ⁰²⁰	3		Institutionally Designated (SGE) ⁰⁷⁰	3	
Arts & Humanities (SGE) ⁰⁶⁰	3		*Area of Study	3	
*Area of Study	3		*Area of Study	3	
Open Electives	2-3		Open Electives	6	
TOTAL	16-17		TOTAL	18	

DEGREE TOTAL: 64

Open electives (14-15 hrs) include non-required courses from other disciplines or the student’s area of study.

*Area of Study 15 hrs required from the specific courses listed below.					
Course	Hrs	Milestones/Notes	Course	Hrs	Milestones/Notes
HPR231 First Aid/Safety	3		HPR161/BIO101 Nutrition	3	
HPR135 Intro Health/PE	3		HPR125 Psychology of Sport	3	
HPR292 Care/Prev Sport Inj.	3		HPR105 Fund Coaching	3	
HPR130 Intro Sport Admin	3		HPR123 Concepts of Apps of Exercise Science	3	
HPR224 Exercise Techniques	3				

Systemwide General Education (SGE) Key	040 Natural & Physical Sciences
010 English	050 Social & Behavioral Sciences
020 Communications	060 Arts & Humanities
030 Math & Statistics	070 Institutionally Designated

Effective Fall 2025