



Pratt Community College

Monthly Newsletter

The

The official newsletter of PCC

BEAVER

November 2022

Buzz

Maximum Student Learning

Individual & Workforce
Development

High Quality Instruction
& Service

Community Enrichment

Call for upcoming newsletter content

If you have information, ideas for new content, fun facts, or PCC trivia, send them to Audra for inclusion in the next newsletter.

>>> audrar@prattcc.edu

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Upcoming Dates

Last Day to w/d classes	9/7
Welding Open House	9/15
Tech Day	9/16
Performing Arts Choral Concert	9/17
Performing Arts Jazz Concert	9/20
Board of Trustees Meeting	9/21
Thanksgiving Break	9/23-25

See next page for more important dates!

Tech Day at PCC set for November 16

Students and their families are invited to join and participate in our fall on-campus Tech Day Event. Come to learn more about the these featured programs offered on the PrattCC campus:

Accounting & Business
Agriculture Power Technology (Diesel Mechanics)
Agriculture (Skyland Grain Crop Applicator Partnership)
Allied Health (CNA, CMA, HHA)
Automotive Technology
Electrical Power Technology
Electrical Power Technology Support Specialist
Information Network Technology
Welding Technology
Wildlife Outfitting & Operations

You will get the chance meet fellow incoming students, meet and interact directly with PrattCC faculty, staff, and current students.

There is a \$500 PrattCC tuition scholarship & Beaver gear one lucky attendee will get the chance to win!

Visit our website and register today at prattcc.edu/techday



NOVEMBER

IMPORTANT DATES

Performing Arts USO Show

November 6 @2:30pm

Last Day to Initiate w/d from classes (full semester)

November 7 by 5pm

Welding Technology Open House

November 15 @4pm

Tech Day

November 16 @9am-1pm

Performing Arts County Wide Choral Concert

November 17 @7:30pm **Rescheduled from Nov 10 due to schedule conflict*

Performing Arts Jazz Concert

November 20 @2:30pm

Board of Trustees Meeting - Riney Student Center

November 21

Thanksgiving Break

November 23-25

DECEMBER A LOOK AHEAD

Elf the Musical

December 2, 3 @7:30pm 4 @2:30pm

Final Exams

December 6, 7, 8

Faculty Work Day

December 9

Legislative Luncheon

December 12

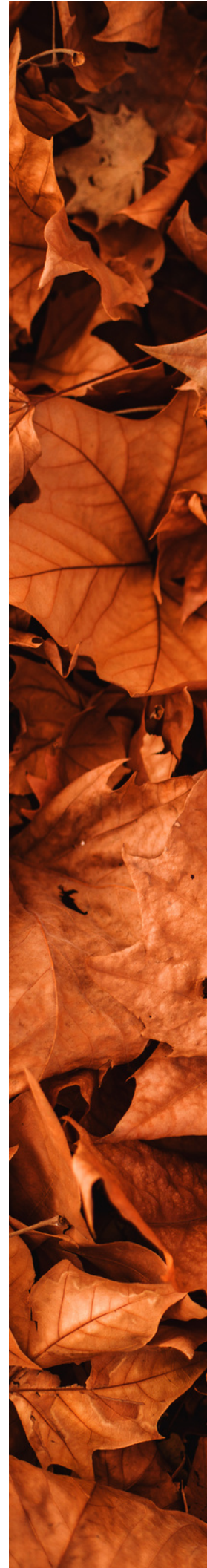
Board of Trustees Meeting - Riney Student Center

December 19

Winter Break

December 23-Jan 2

For more upcoming dates and information, visit prattcc.edu/calendar





PRATT CC TECH DAY

November 16, 2022 | 9:00am - 1:00p.m.

EXPERIENCE THESE PROGRAMS:

Agriculture
Agriculture Power Technology (Diesel Mechanics)
Allied HealthAutomotive Technology
Business & Accounting
Electrical Power Technology
Electrical Power Technology (Support Specialist)
Information Network Technology
Welding Technology
Wildlife Outfitting & Operations

ADDITIONAL OPPORTUNITIES

- Meet fellow incoming students
- Speak directly with PCC faculty and staff
- Hear from current students

**REGISTER
TODAY!**



For more information, email
pccadmissions@prattcc.edu
or call 620-450-2217

Be entered to win a \$500 PCC tuition scholarship & Beaver gear!

Register at prattcc.edu/techday

PRATT 
Community College



WELDING TECHNOLOGY



Please join us for a ribbon-cutting and open house event to celebrate the new home of the Pratt Community College Welding Technology program.

The facility is located in the Pratt Regional Airport Industrial Park 4 miles north of Pratt on Highway 281.



PRATT COMMUNITY COLLEGE **WELDING**



OPEN HOUSE

Your presence is respectfully requested at an open house to showcase our Welding Program and its newly remodeled facility.

***Tuesday, November 15th
4:00 PM***

***40190 Runway Blvd Pratt, Kansas
Pratt Regional Airport Industrial Park***



Learn more about our Welding Technology program on our website.

Pratt CC Sees 8 Percent Increase in Fall 2022 Enrollment



FOR IMMEDIATE RELEASE
OCT 2022

PRATT, KAN. Despite an overall decrease in enrollment in Kansas public universities and community colleges, enrollment at Pratt Community College is up 8.3% for Fall 2022, as of the 20th day census date.

In September, the Kansas Board of Regents (KBOR) released [Fall Census numbers](#) showing that Kansas public universities and community colleges as a whole saw a one percent decline in enrollment from this time last year, while technical colleges saw an increase.

KBOR chair Jon Rolph reflects on the numbers.

"The preliminary fall enrollment numbers show a continued trend of decreasing enrollment for many Kansas colleges and universities. Our system is taking decisive action to reverse declining enrollments, better serve students and ensure that our state has the workforce needed to grow the Kansas economy. Initiatives such as our general education package and implementation of student success initiatives will help our system serve and graduate more students."

Pratt Community College is also positive in enrollment numbers over the past five-year period. PCC President Dr. Michael Calvert is pleased with the 8.3% increase for Fall 2022.

"We are more than holding our own. Hats off to all of our faculty and staff that work very hard to recruit students. I think we did a great job with our new Admissions team that works very well with marketing, with all the student services and certainly our athletic programs, coaches and activity sponsors also did a great job of working together to bring students on campus, and to get them here.

We're at full capacity in the residence halls which is also a great thing. There's a vibe on campus right now that's increased, with a positive buzz. I think the students that are here are ready to experience college as opposed to some of the pieces we had to do regarding Covid-19. So now being face-to-face and very limited, if any restrictions due to Covid-19, I think everybody's excited to come out of their shell. Now our job is to retain students that are here as well as in future years, but we really like where we're at right now."

Enrollment numbers for all higher education institutions in Kansas may be viewed in the Fall Census section of the KBOR website.

PRATT COMMUNITY COLLEGE **FALL INTERSESSION CLASSES**

To enroll please see your advisor or visit prattcc.edu/enroll

CONCEPTS AND APPLICATIONS OF THE EXERCISE SCIENCES

HPR 123 - PRATT ONLINE - 1E
12/14/22 - 01/04/23
3 CREDIT HOURS

This course presents key topics and current research in exercise physiology, biochemistry, anatomy, biomechanics, endocrinology, sport nutrition and sport psychology and discusses applications for the design of safe and effective strength and conditioning programs. A physical education course that is designed to provide the student with a combination of lectures that are research-based and accurate of the essentials of strength and conditioning and extensive exercise techniques that will prepare the student for the CSCS, NSCA exams and USAW Level 1 Sports Performance Coaching Course. This course is recommended for current/future athletes, teachers, coaches, administrators, officials and/or others involved in recreational or competitive activities and human performance.

PSYCHOLOGY OF SPORT

HPR 125 - PRATT ONLINE - 1E
12/14/22 - 01/04/23
3 CREDIT HOURS

This course provides an opportunity to become acquainted with the many psychological aspects that coaches, athletes and spectators face in their involvement with sports. Emphasis will be given on the psychological and social dimensions of coaching, practice and competitive preparation and on the psychological traits common to specific sports and athlete personality. Psychology of Sport is a physical education course designed to provide the student with an understanding of the issues related in sport today. This course is recommended for current/future athletes, teachers, coaches, administrators, officials and/or others involved in recreational or competitive activities and human performance.

KANSAS 2022 CONCURRENT

\$93

Per credit hour

Kansas High School Sophomore,
Junior or Senior

Tuition \$64 Fees \$29 Total \$93

KANSAS RESIDENTS

\$123

Per credit hour

All Kansas Residents

Tuition \$68 Fees \$55 Total \$123

NON-KANSAS RESIDENTS

\$136

Per credit hour

All Out-of-State Residents
*Excludes International

Tuition \$81 Fees \$55 Total \$136

An additional fee is required for non-Pratt County residents for each semester in attendance if enrolled in 12+ credit hours.

*International Students: Tuition \$105, Fee \$55, plus \$150 special fee per semester if enrolled in 12+ credit hours.

FIND OUT MORE!

prattcc.edu/enroll 620-450-2217

PRATT 
Community College

EARLY ENROLLMENT

begins!



SPRING 2023 ENROLLMENT NOW OPEN!

CURRENT STUDENTS

Meet with your advisor

NEW STUDENTS

Apply at prattcc.edu/apply

For additional questions, contact:

pccadmissions@prattcc.edu

620-450-2217



SPRING CLASSES BEGIN JANUARY 11

Janie Whitman Retires from PCC

Janie Whitman retired from PCC after 13.5 years. She held positions in the library, the athletic department and spent the last 10 years as the Administrative Assistant to the VP of Finance and operations, Kent Adams. A retirement reception was held in the lobby at PCC to wish Janie well. She was always a friendly face and voice on the other end of the phone.

Per Kent Adams: "I cannot begin to tell you how many people outside PCC that interacted with my office either in person or by telephone commented to me about how pleasant Janie was and how efficiently she handled things. Internally, everyone loved working with Janie. I will certainly miss her dedication and hard work."

Congratulations on your retirement Janie, you will be missed!



Student Life Activities at PCC

October was another busy month at PCC for Student Life Activities. Late Night at the Lesh is a night for games and program showcases for PCC Men's and Women's Basketball teams. The bulk of Student Life's planned activities take place at 9pm when students have wrapped up a full day's schedule and are ready to get together with friends and have fun.



PRATT COMMUNITY COLLEGE BEAVER BITES

PCC's Beaver Bites Cafe is owned and operated on campus at Pratt Community College inside Dennis Lesh Arena, at the Benson Education Center.

Students train early in the semester to run Beaver Bites, under the direction of James Lemon. Along with several prepared menu items for breakfast, lunch and game day concession items, there are grab-and-go options as well.

This semester's Student Manager is **Tamara Radovanov**. Tamara is a Sophomore member of the Pratt CC Volleyball team. She joins PCC from Pancevo, Serbia and her major is business Administration. Our students work shifts around busy academic and athletic schedules, we appreciate the work they do at PCC!

Hours:

Monday thru Friday

9am-2pm

6:30pm-11pm (during semester)

Call ahead to place order at 620-450-2555.

Hours and operations subject to change based on season.

Ask about the new Beaver Bites membership card!



*2022-2023 Beaver Bites crew

[View the 2022-2023
Beaver Bites Menu](#)

Tamara Radovanov
Student Manager, Beaver Bites



PRATT COMMUNITY COLLEGE OUR MIDDLE NAME IS COMMUNITY



Student-athletes from Pratt Cheer, Cross Country and Track & Field handed out goodies at the Trick or Treat Trail in downtown Pratt. We are proud to stand alongside local businesses for this fun event! It was great to see so many families and creative costumes! Thank you to the Pratt Area Chamber of Commerce for sponsoring this event for Pratt area families. #PrattProud #OurMiddleNameisCommunity



Community news continued...



Members of Beaver Nation were out early volunteering to help with games at the Back to Pratt Jam Carnival! Pratt Jam is a weekend-long event that celebrates living in and growing up in Pratt. It takes plenty of volunteers to help the event run smoothly.

#Pratt Proud #OurMiddleNameisCommunity



Pratt Community College Performing Arts

2022-2023 Schedule

Alumni Concert

October 9 2:30pm

USO SHOW

November 6 2:30pm

Concert of Choirs

PCC Pratt High Skyline High PCC Kids

November 17 7:30pm

Jazz Concert

November 20 2:30pm



December 2 & 3 at 7:30pm

December 4 at 2:30pm

Valentines Dinner Show

February 12 6pm

Reservations required \$15 per person

SPRING MUSICAL

March 31, April 1 at 7:30pm

April 2 at 2:30pm

Encore Finale

April 23 2:30pm

Choir & Jazz Concert

May 7 2:30pm

*All concerts and shows in Carpenter Auditorium
and \$5 admission unless otherwise noted.*

SPRING 2023

ALLIED HEALTH

schedule

ENROLL TODAY!

CNA

FIRST CLASS
JAN 9 - FEB 26

SECOND CLASS
JAN 30 - MARCH 19

THIRD CLASS
FEB 27 - APRIL 16

FOURTH CLASS
MARCH 20 - MAY 7

CMA

FIRST CLASS
JAN 23 - MARCH 5

SECOND CLASS
FEB 13 - MARCH 26

THIRD CLASS
MARCH 27 - MAY 7

CMA UPDATE

MARCH 6 - MARCH 12

HHA

APRIL 17 - APRIL 30

**FOR ENROLLMENT
INFORMATION VISIT**
PRATTCC.EDU/ALLIEDHEALTH

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PRATTCC.EDU



PRATT COMMUNITY COLLEGE

RODEO

2022 - 2023

2022-2023 Rodeo Season Brought a Buzz of Activity to PCC



The 2022-2023 PCC Rodeo season brought a lot of energy, new activity, training and results to PCC. **Coach Jake Ritz** got busy right away with the heavy lifting of maintenance on the rodeo facilities and the building of a brand new team. Several guests joined the team on campus to help get things off the ground.

Rodeo Alumni **Shawn Hollenbeck**, Central Plains Region Calf Roping Champion 1985-86 came to campus to work with our tie down and break away ropers.

Erica Edmonson from Cimarron visited campus to work with the Rodeo women on goat tying skills.

Tanner Brunner, **Jarek Van Petten** and **Keith Van Doren** facilitated a steer wrestling clinic. 20 participants from Nebraska, Kansas and Oklahoma took part, laying the groundwork for becoming an annual event.



PCC Rodeo continued...



Rodeo at Durant

After the second rodeo of the fall season, 2 members of the PCC Beavers men's team started earning some points and checks.

Sheridan Graber covered his bull to make it back to the short go and ended up with a 4th place finish in Durant. Currently, he is sitting 6th in the Central Plains Region in Bull Riding.

Kaden Harland and partner from GCCC roped their steer into a 6th place finish in the long go at Durant.

Final Fall season rodeo at NWOSU (Alva)

Sheridan Graber, freshmen, continues to lead the men's team. He covered his bull in the long go with a score of 65. In the final round, he bucked off and ended up 5th place. Regionally, Sheridan finishes the fall season sitting 4th. There is a lot of rodeos left in the spring and he is maturing into a great bull rider.

Chloe Igo, freshmen, came home with a check. Her horse was not ready so she borrowed one, except it was a Team Roping horse named Barbie owned by teammate Kade Harland. They ran a 13.6 in the long go and was 8th. After the dust settled in the final round, Chloe and Barbie finished 5th overall. Regionally, Chloe is tied for 15th.

Their season starts back in February 2023 with the KSU rodeo. Be sure to follow **Pratt Community College Rodeo** on Facebook for competition videos, results and to keep up with the team!



MENTAL HEALTH MINUTE



A Season of Gratitude

Social media will soon begin to buzz with the season gratitude posts of the upcoming holiday season. Research actually shows that there are considerable benefits to practice this year-round.

The Greater Good Science Center out of the University of California, Berkley, for instance, has spent time looking at the science of gratitude. They have found that when we practice this on a regular basis, we experience a number of benefits – physical, psychological, and social ones. And because gratitude is -what we in the mental health world call- a social emotion, it helps us build better relationships.

Before we look at the benefits of this practice, let's look at some of the reasons why we may not be practicing it or may have trouble practicing gratitude. According to vast amounts of research, there are suggestions that differences may be rooted in our brains, our genetics, and our personalities.

- Genetically, some people may find it easier than others to express gratitude. In one twin study, Michael Steger and his colleagues found that identical twins had more results of similar levels of gratitude than those of fraternal twins. This could suggest that there is a genetic component to gratitude. Other studies have even looked at the gene known as CD38, which is involved in helping secrete oxytocin, as a candidate for a grateful or less-grateful disposition. I could include more research examples; however, for the sake of length and value of the reader's time, I will just state there is a lot of research surrounding gratitude and genetics.
- As we expect, the mental health field researches more than genetics when it comes to various areas of interest like gratitude. The brain is also researched in regard to the structure and activity that occurs with more and less grateful people. An example shows that the brain might be anatomically different in those who are more grateful. How? One study showed that people who are more apt to be grateful have more grey matter in the right temporal cortex, which is an area linked to how we interpret other's intentions. Like that of genetics, there is a vast amount of research to show further connections between the brain and gratitude.
- Those two areas do not end the story on if we are grateful or if we struggle with that mentality. Personality factors can also be a barrier. Characteristics like envy, materialistic, narcissistic, and even cynicism can be a thief to gratefulness,

Some of these characteristics can involve thinking about what do NOT have versus what we do have. It may be difficult for those with these types of characteristics to be grateful because they are experiencing bouts of envy or materialism. In fact, these characteristics can, over time, cause people to lose more of the sense of gratitude. A study conducted in 2017 showed that the participants with higher levels of narcissism (and the other three mentioned above) were less grateful after two months of participation. This was even when the researchers attempted to control the level of gratitude at the beginning of the study.

So why is gratitude a good thing to practice? One of the best ways to view gratitude is to say it is its own muscle. When we do not use a muscle, it loses strength. The same concept applies to gratitude.

While these once-a-year month-long moments of appreciation are wonderful for their own purposes, they do not cover this particular muscle for an entire year and life. Gratitude journals are a way to build that muscle strength. In graduate school, we were required for a class to write a journal entry each day of the semester with three things we were grateful for from that day. It led each of us to discover that we were not as attuned to our surroundings or to ourselves as we thought we were.

By the end of the semester, each of us could easily say that that daily practice -though "forced" due to a grade- became a piece of our daily pattern and our awareness. This type of practice also increases our resistance to stress and the impact that negative emotions may have on us.

The field of neuroscience shows some exciting evidence that suggests that this practice changes the brain. The study I mentioned earlier about the brain activity differences had an additional part to it and it found that those who wrote gratitude letters expressed more gratitude three months later. This was supported because an area in the brain involved in predicting outcomes was showing more activity.

One simple change – like that of writing down something we are grateful for once a day – can lead to lasting changes and overall happiness.



Amanda Wade
Licensed Professional Counselor

To schedule an appointment, email Amanda Wade
at amandaw@prattcc.edu or call 620-450-2263.

PRATT COMMUNITY COLLEGE

CELEBRATE DIVERSITY TEAM

10 of the Most Important Dates in Native American History

Native American history is full of both beautiful triumphs and unexpected calamities. Wars, treaties, civil rights victories, and so much more. So, as you can imagine, indigenous peoples have a rich ancestral heritage and legacy.

We're going to go over some of the most important dates in Native American history. Each one of these carries with it a great deal of historical significance and is worth knowing about even if you aren't Native American or Alaska Native.

Ghost Dance January 1, 1899

A Native American named Wovoka had a mystical experience that urged him to tell other natives to change for the better and take part in the Ghost Dance ritual to prepare for an age of peace and prosperity.

Allotment/Dawes Act February 8, 1887

This law, passed by the U.S. government, said that every head of each Native American family was to get 160 acres of tribal land, while every individual would get 80 acres. This act was predominantly seen as an alternative to mass genocide by U.S. forces.

Trail of Tears April 5, 1838

President Andrew Jackson ordered the Cherokee off their Native American tribal land against a ruling by the U.S. Supreme Court. The path they took became known as the Trail of Tears.

Pontiac's Rebellion May 1763

A loosely-knit confederation of Native American tribes in the Great Lakes, Illinois, and Ohio regions rose up against the British forces. They were successful and persuaded the British government to change national policies to be more favorable toward Native Americans.

Indian Citizenship Act June 2, 1924

This law granted U.S. citizenship to Native Americans living in the United States. This act removed the ambiguity of the 14th Amendment to the U.S. Constitution regarding who was considered to be a citizen. It's without a doubt, one of the most important dates in Native American history.

Indian Reorganization Act June 18, 1934

Also known as the Indian New Deal, his act helped reverse much of the "cultural assimilation" imposed on Native Americans earlier in U.S. history. Its goal was also to strengthen, encourage, and continue Native American cultures in the U.S.

Battle of Little Bighorn June 25, 1876

Native chiefs Crazy Horse and Sitting Bull led armies of Lakota, Cheyenne, and Arapaho Native American tribes to a glorious victory over the vicious assault of U.S. General George Custer and his army.

Native American Heritage Month August 3, 1990

This is a relatively new holiday providing a national platform for Native Americans to share aspects of their culture with others. It also offers the opportunity to express their concerns and proposals. Now, every November, we get to collectively look back on Native American history and pay tribute to the accomplishments of indigenous peoples and American Indian nations that have stood the test of time.

Indigenous Peoples' Day October 12, 1992

This is a relatively new holiday celebrating and honoring Native Americans, as well as their history and culture in the United States. It has increasingly been replacing Columbus Day in cities and states throughout the United States. It's an important acknowledgment of Native Americans still living in the United States and the land their ancestors once inhabited.

Wounded Knee Massacre December 29, 1890

US cavalry opened fire on Sioux Native Americans at Wounded Knee Creek, resulting in 300 killed, including women and children. This marked the end of armed Native American resistance to hostile Western forces. It marks one of the most significant dates in 19th century Native American history.

*Information sourced from Native American writer Paul Gowder, to honor Native American voices during [Native American Heritage Month](https://www.powwows.com/10-of-the-most-important-dates-for-native-american-history/). <https://www.powwows.com/10-of-the-most-important-dates-for-native-american-history/>



Join Us!

CELEBRATE DIVERSITY TEAM

EDUCATION | RESPECT VALUE | CULTURE

Contact Lisa Perez-Miller at
lisam@prattcc.edu for more information.

Pratt Community College

BEAVER ATHLETICS

2022-2023

Visit gobeaversports.com for
schedules, rosters, statistics
and more!



Women's Soccer Wins Region VI Championship for the First Time



On Sunday, October 30 the Pratt Community College women's soccer program had a date with destiny. For the first time in program history, they were hosting the National Junior College Athletic Association's Region VI Championship game, for the third straight season they were facing Allen County Community College in this precise game (Allen won the previous two matchups) and finally they were playing for the most wins in program history... a record they broke the previous year. The stage was set in front of a packed Pratt Soccer Complex for the program to cross that bridge and make their mark in the Beaver Nation history book.

The Beavers controlled the momentum for the majority of the first half. Freshman Leticia Tessi would strike first in the game off a long arching shot that cleared through the top of the net. The Beavers scored their second goal of the game off a penalty kick from sophomore Natalia Richartz. Pratt held their magical 2-0 lead at halftime. The Red Devils of Allen County controlled the ball for the majority of the second half, but was never able to capitalize on it. That included a penalty kick in the last three seconds of the game. Sophomore goalkeeper Jade Massing had nine saves in the game.

"These have been amazing seasons and of course last year we didn't win against Allen so this is like the cherry on the pie... it's everything," said Massing. "We want to go as far as we can and we will. We are not done yet."

Beaver Sports continued...

The Beavers hosted the National Junior College Athletic Association Plains District Championship Saturday, November 5th and fell to Northeast Community College, but this season they were ranked #1 seed in conference for the first time in program history and became NJCAA Region VI Champions for the first time. We are so proud of the amazing run by PCC Women's Soccer!

Read more on all Beaver Athletics teams on GoBeaverSports.com



Congratulations!





Men's Soccer Wins Back-to-Back Region Championships



The Beavers of Pratt Community College headed off to Iola, KS on October 30 with one goal in mind. Defending their National Junior College Athletic Association Region VI Championship from a year ago and repeating as champions. Standing in their way for the second time was Allen County. The Red Devils held the #1 seed in the playoffs this year which granted them home field advantage throughout the post season.

The game started off very evenly matched similar to the past two matches this season. At the 7:55 mark of the first half, the Red Devil's goalie ended up flying through the net trying to stop a ball. This caused a long delay as the referees and coaches tried to fix the goal. Once the game was able to restart the first half ended in a 0-0 tie. In the second half, Allen County struck first off a free kick at the 33:27 mark of the second half. Sophomore Gustavo Lira was able to tie the game with 25:44 remaining off a free kick. At the 9:17 mark the Beavers scored the go ahead goal off a corner kick by freshman Lucas Barcelos. The Beavers were able to hold on to win 2-1 as the remaining daylight was exiting the sky.

The Beavers hosted #9 Northeast Community College for the Plains District game on November 6 and fell 3-2 in a shootout against the Hawks. But there is still so much to be proud of, PCC Men's soccer became Region VI Champions for a second time in a row!

Two-Time NJCAA Region Champions!

Congratulations! 

Beaver Sports continued...

VOLLEYBALL

Beaver Volleyball Season Ends With a 3 out of 4 Match Winning Streak



The Pratt Community College volleyball season ended Friday, October 28 against Independence Community College.

The Beavers swept the Pirates 3-0 to end their season winning three out of their last four matches. The Beavers finished 7-22 overall and 0-16 in conference play this season.

We were able to sit down with **Head Coach Brittany Urenda** to wrap-up the season and get a glimpse into the future of the Beaver volleyball program.

Talk about finishing the season on a high note with winning the last three out of four matches?

It was just a change of mindset and really focusing on making the best of what we had left with one another. It was made clear two weeks left in the season that we were not going to make it to the postseason, and I do not know if the girls knew that, but we did not focus on it. We just focused on making the best of what we had left. In August, it never hits you especially for the sophomores that oh this is my last season to ever play with these girls. For the freshman it never hits them that these people are my friends, but you never get to play with them again. Towards the end of the season, they started realizing that and I think that is something they really held on to.

Looking back over the season what were some of the positives and challenges of the year?

There were many outside issues that we allowed to affect us on the court and even within our program. Even stuff that did not involve us that we involved ourselves in. That took away from what our goal was. We had a big team and the issue of only being able to play six at a time played a bigger role than what we had anticipated in terms of positivity. When you have a negative mindset, it carries over to a lot of people. One of the biggest challenges was just allowing outside influences and emotions to get the best of us. The positive is that we had a few people who decided not to be a part of the program throughout the entire season, but regardless of the way the team and myself carried on from that and did not let it affect us was positive. That allowed the girls who were there to stick it out and truly ride that wave with me, believed I was after their best interests and not my own. It allowed us to get the most out of them.

Talk about your sophomore class and their mindset to stick together through coaching changes and their adversity through it all.

Some of them in the class were hesitant to truly buy into what I was saying and trying to do. Only because I was their third coach in three months. It was not always easy for them to fully put their trust in me. During preseason most of them really understood what my vision was. There were a couple of times during preseason where the group would talk about last year and how it was not like this. About a week in I told them I did not want to hear about that and that we are moving on from the past.

Tell us about what you saw from the freshman this season that could help your program build for the future?

The challenge was being late in the recruiting game coming here and not getting the chance to truly know some of the girls they come on campus. Normally with a freshman class they are pretty bought in with what you have said after months of conversations. The positive they do bring for the ones still here is they really have bought in with what I am trying to do. They genuinely believe in the foundation they set this year whether our record was good or not. The progress that we made they are responsible for upholding that standard.

Tell us about the future of your program and some of the recruits you are working on bringing in the fall.

Right now, I have every offer that I can make we have out. We got some talented Kansas kids committed. We have two kids from the Dominican Republic and we have a Brazilian kid commit. Normally I do not search for international players because the process is something I am not super comfortable with. The two Dominican kids reached out to me, and we have had some good conversations, and not only will they bring a different level to the game, but they believe what we are trying to do. With the Brazilian she just wants the opportunity and is excited in my vision for the program. During my interview, I mentioned I wanted to make Pratt the place where Kansas kids want to go and although we are not there yet, with the talent of our Kansas kids coming in we are already making progress on that goal.



TRACK & CROSS COUNTRY

Beaver Cross Country Broke Records in Arkansas

The Pratt Community College cross country team traveled to Fayetteville, Arkansas on Friday, September 30th for the 34th Annual Chile Pepper Festival. The men's team competed in the 8K with the women competing in the 5K.

Freshman Jamaira Ross had a record-breaking afternoon finishing in 30th place with a time of 19:20.5. Ross was unaware that she had broken the school's record in the 5K until the following day when it was discovered that the record had belonged to Patricia Koma. Koma had broken the record herself back in 2019 with a time of 19:32.2 finishing second overall at the Ollie Isom Invitational.

"Basically, it felt like a really good race and I did not know I broke the record upon finishing the race as I was just running to run," said Ross. "It was exciting as it has always been my goal to break a school record and last year I tried, but I had some ups and downs and this year I wanted to make a comeback and work hard. My goal is to hit below 18 minutes at the regional meet and break my own record."

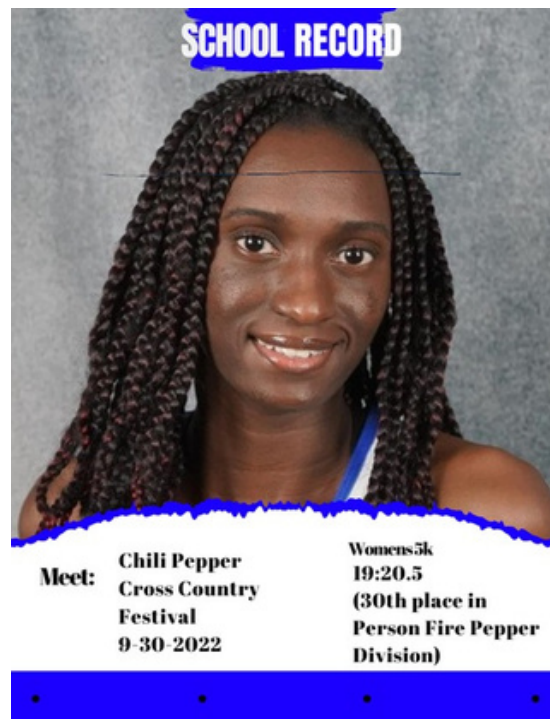
For the men's team, it was a great afternoon as every runner showed improvement from the previous race in Lincoln, NE. Sophomore Collin Turley finished 54th place with a time of 26:57.0. Turley improved his course time from a year ago by 38 seconds. Crispus Atukwatse finished the race with a time of 27:51.7 a whole minute and 47 second improvement on his lifetime best. Freshman Jace Baker improved his lifetime best by a whole minute with a time of 34:53.3. Apostolo Zuniga finished the race with a time of 34:56.1 which was a 29 second improvement on his season best. Finally, freshman Arron Orr finished with a 47 second improvement on his lifetime best with a time of 45:36.4.

"All but one individual had either a course best, or a personal best. The other individual still had their second fastest 8K," said Director of Cross Country, Track and Field Mathew Scott. "The students are starting to hit at the right time and progressing forward and making significant jumps each week."

The Beavers competed at the Ollie Isom Invitational October 14 in El Dorado, KS before competing in the National Junior College Athletic Associations Region VI Championships on October 28 in Hutchinson, KS.

The NJCAA Championships will take place the weekend of November 12 in Tallahassee, FL.

Be sure to follow [Pratt Community College Athletics](#) on Facebook for results on Beaver Athletics!



Record breakers



Way to go!



Women's Basketball Welcomes New Coach, Opens Season with 83-82 Thriller Over Otero College



As the calendar page turned to November so did the start of the Beaver basketball season. The Pratt Community College women's basketball team wasted no time in getting their season started November 1st against Otero College. The Rattlers of Otero came out strong in the first quarter by putting up 30 points and taking a ten-point lead into the second quarter 30-20. The Beavers didn't let Otero's quick start stop them from making a run of their own. By the five-minute mark of the second quarter Pratt had pulled it within three 33-30. At halftime time Otero lead 45-41.

With 4:14 left in the third quarter the Beavers were able to tie the game up at 55-55. At the end of the quarter the Rattlers held onto the lead 66-60. Pratt would take control of the scoreboard at the 4:41 mark of the fourth quarter 72-71. The last four minutes were back and forth with Pratt taking an 81-80 lead off a jumper by freshman Emily Acton. Freshman Isis Sanders was able to make two free throws to grow the lead 83-80 with 27 seconds left. In the last minute of the game, Otero missed two open three pointers, but were able to close the lead to just one point off a jump shot with 19 seconds left. The Beavers would hold on to win 83-82.

"The fun thing about today is we got to see a little bit of what works and what we need to work on," said Head Coach Eric Rodewald. "We had five kids in double figures. It's just good to have versatility coming off the bench and it was really fun."

Acton finished the game with 18 points, freshman Macy Hanzlick had 17 points and lead the team with 9 rebounds, and sophomore Jade McAlister had 17 points and eight rebounds. Both freshman Sanders and Takiera Boudreaux rounded out the five in double figures with 10 and 11 points.

Just before the start of the season, PCC welcomed new [Assistant Women's Basketball Coach Carrie McDonald](#), aka "Coach Mac." Meet her on the next page!





Pratt Community College is excited to announce the hiring of [Carrie McDonald](#) as the next assistant women's basketball coach. Coach Mac started working on campus just in time for the start of the 2022-23 season against Otero College.

"We are glad to have Coach Mac at Pratt to assist with our women's basketball program," said Head Women's Basketball Coach Eric Rodewald.

Coach Mac comes to Beaver Nation from Indianapolis, IN where she had been serving as a substitute teacher and founder of Our Room to Bloom. A coaching, support, spirituality, arts and entertainment organization. The organization's goal is to assist those who are actively healing through transparency and truth.

"I stepped away a bit from coaching and the sidelines to focus on teaching," said Coach Mac. "Sometimes we have ideas for our lives, but God has other plans."

Prior to her time teaching, Coach Mac had made coaching stops at both Ivy Tech Community College in Indianapolis and Southeastern Community College in Keokuk, IA. She has also served as the sports director at YMCA and as the Athletic Sirector of Christel House Academy both in Indianapolis.

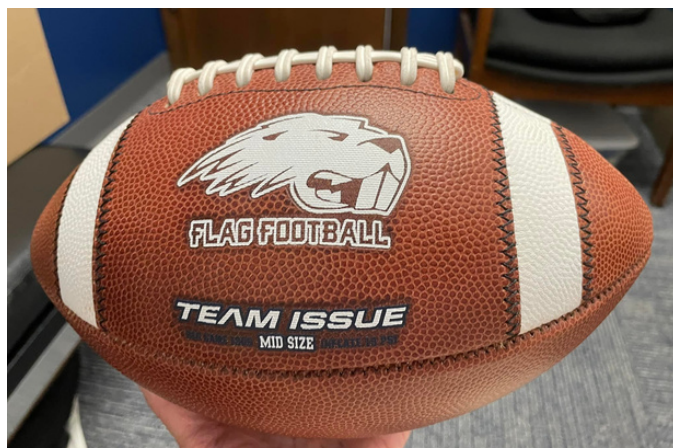
"Coach McDonald has been out of collegiate coaching for a few years but wanted an opportunity to get back in. She played collegiately and has coached at several colleges," said Athletic Director Tim Swartzentruber. "She is experienced and has other talents that will make her a great addition to our athletic staff."

View game schedules and the latest in Beaver Athletic competitions on the Pratt Beavers own website GoBeaverSports.com!



FLAG FOOTBALL

Noah Harris Selected as Next Women's Flag Football Coach



Pratt Community College is excited to announce the hiring of Noah Harris as the next Head Women's Flag Football Coach. Coach Harris has been busy not only settling in on campus, but recruiting student athletes for the spring.

"I can't be more excited about a hire for our athletic department. Coach Harris was a very successful high school coach and comes highly recommended," said Athletic Director Tim Swartzendruber. "He is experienced and has tremendous energy. Our women's flag football program is in great hands."

Coach Harris comes to Beaver Nation after serving as the Girls Varsity Flag Football Head Coach at West Valley High School in Fairbanks, AK since August of 2014. During his time at West Valley he compiled a 42-15 record over six seasons. In addition, he led his team to three conference titles during his tenure.

While serving at West Valley High School, Coach Harris also served as the Varsity Boys Basketball Head Coach at the Effie Kokrine Charter School in Fairbanks, AK. During his tenure, which started in December 2015, Coach Harris compiled a record of 81-73.

Coach Harris played collegiate football at Kentucky Wesleyan College in Owensboro, KY. The women's flag football season will get underway in the spring semester.

Welcome to PCC!



We're Hiring!

AT PRATT COMMUNITY COLLEGE

OPEN POSITIONS:

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- Cashier/Bookkeeper
- Coordinator of Instructional Technology
- Dean of Technical Education/Accreditation Liaison Officer
- Admin Assistant to the Athletic Director
- Welding Instructor
- Marketing Communications & College Relations Specialist
- Assistant Athletic Trainer
- Bus Drivers
- Clinical Adjunct Instructors--Allied Health

APPLY:

PRATTCC.EDU/EMPLOYMENT



If you have any questions, please contact the Director of Personnel, Pratt Community College, 348 NE SR 61, Pratt, KS 67124, 620.672.5641 ext. 139, Title IX/Section 504 Coordinator.

Pratt Community College is an employer of choice. Explore the opportunities of working at PCC. We currently employ over 150 individuals in a wide variety of fields. Our jobs include many faculty disciplines and a wide range of office, technical, professional, service, maintenance and managerial positions. View our current job opportunities online.

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