

# Associate of Science Academic Degree Map

## Sport Sciences 2026-2027

**Sports Administration, Coaching, Physical Education, Personal Trainer,  
Sports Performance & Wellness**

This is a suggested sequence of classes based on the average student load and course prerequisites. Not all courses are offered every semester. For specific discipline electives, please refer to the page labeled “Systemwide General Education Program” following the degree requirements in the PCC Catalog. The specific required math course depends on the area of study. Milestones, courses, and special requirements necessary for timely progress to complete an area of study are designated to keep students on track to graduate in two years. Missing any of these could delay program completion. Students should consult with their advisor for more information.

Corequisite Course (if needed, must be taken with college level required course)		
(ENG098 +ENG176), (MTH056 + MTH176), MTH078 +MTH178), (MTH081 + MTH181)		
ENG098	Support for English Composition I	2 cr hrs
MTH056	Support for Contemporary Math	2 cr hrs
MTH078	Support for College Algebra	2 cr hrs
MTH081	Support for Elementary Statistics	2 cr hrs

1 <sup>ST</sup> SEMESTER			2 <sup>ND</sup> SEMESTER		
Course	Hrs	Milestones/Notes	Course	Hrs	Milestones/Notes
ENG176 Eng Comp I (SGE) <sup>010</sup>	3		ENG177 Eng Comp II (SGE) <sup>010</sup>	3	ENG176 w/ C or higher
MTH178 College Algebra or higher (SGE) <sup>030</sup>	3		Arts & Humanities (SGE) <sup>060</sup>	3	
Social & Behavioral Sciences (SGE) <sup>050</sup>	3		Institutionally Designated (SGE) <sup>070</sup>	3	
*Area of Study	3		*Area of Study	3	
Open Electives	3		Open Electives	3	
TOTAL	15		TOTAL	15	
3 <sup>rd</sup> SEMESTER			4 <sup>th</sup> SEMESTER		
Course	Hrs	Milestones/Notes	Course	Hrs	Milestones/Notes
Natural & Physical Science (SGE) <sup>040</sup>	4-5		Social & Behavioral Sciences (SGE) <sup>050</sup>	3	
Communications (SGE) <sup>020</sup>	3		Institutionally Designated (SGE) <sup>070</sup>	3	
Arts & Humanities (SGE) <sup>060</sup>	3		*Area of Study	3	
*Area of Study	3		*Area of Study	3	
Open Electives	2-3		Open Electives	6	
TOTAL	16-17		TOTAL	18	

**DEGREE TOTAL: 64**

**Open electives (14-15 hrs) include non-required courses from other disciplines or the student’s area of study.**

*Area of Study 15 hrs required from the specific courses listed below.					
Course	Hrs	Milestones/Notes	Course	Hrs	Milestones/Notes
HPR231 First Aid/Safety	3		HPR161/BIO101 Nutrition	3	
HPR135 Intro Health/PE	3		HPR125 Psychology of Sport	3	
HPR292 Care/Prev Sport Inj.	3		HPR105 Fund Coaching	3	
HPR130 Intro Sport Admin	3		HPR123 Concepts of Apps of Exercise Science	3	
HPR224 Exercise Techniques	3				

<b>Systemwide General Education (SGE) Key</b>	040 Natural & Physical Sciences
010 English	050 Social & Behavioral Sciences
020 Communications	060 Arts & Humanities
030 Math & Statistics	070 Institutionally Designated