

Physical Education/Coaching - Associate in Science

General Education Requirements	Credit Hours
COMMUNICATIONS	9
ENG176 English Composition I	
ENG177 English Composition II	
COM106 Interpersonal Communication –or– COM131 Speech Communication --or--COM276 Public Speaking	
NATURAL AND PHYSICAL SCIENCE (1 from both)	9-10
MATHEMATICS	3
MTH177 College Algebra or higher	
SOCIAL AND BEHAVIORAL SCIENCE (from 2 disciplines)	9
HUMANITIES (from 2 disciplines)	9
LIFETIME FITNESS AND HEALTH	3
HPR101 Concepts of Physical Health —or—HPR177 Personal & Community Health	
Physical Activity Course from Approved List	
COMPUTER SKILLS	3
BUS235 Microcomputer Office Applications I	
MAJOR DEPARTMENT/RECOMMENDED ELECTIVES	19

EDU177 Foundations of Modern Education	
HPR105 Fundamentals of Coaching	
HPR120 Rules and Officiating	
HPR122 Recreational Leadership	
HPR125 Psychology of Sport	
HPR133 Elementary Physical Education	
HPR134 Introduction to Exercise Science	
HPR135 Introduction to Health, PE, Recreation	
HPR138 Perspectives of Human Sexuality	
HPR139 Child Play and Games	
HPR231 First Aid & Safety	
HPR292 Care and Prevention	
Total Required Credit Hours	64