

1. UNIFORM GUIDELINES

Scrubs should be worn at each clinical site. All colors are acceptable except black. Scrubs should be clean and well pressed.

- a) Body cleanliness and absence of body odor is of the utmost importance.
- b) Underwear must be worn under the scrubs. This includes bras and panties for women, and shorts for men, underwear should not show through the scrub
- c) Watch with second hand (expansion bracelet recommend)
- d) Hair is to be clean, groomed, and pulled back behind the ears and secured in such a manner that it will not fall forward over the shoulders or face. If there is any question as to whether the student meets these guidelines, the decision will be up to the instructor's discretion. Hair ornaments must be small and in good taste (at instructor's discretion). Men must either be clean shaven or beards must be well-trimmed.
- e) Preferably no earrings, small studs will be allowed. Limited to one stud earring per ear. No earrings will be worn on any other visible part of the body.
- f) No other jewelry except wedding bands.
- g) No tattoos will be visible. Must be covered with a shirt worn under the scrub.
- h) No strong odors including, but not limited to, perfume, cologne, aftershave, or tobacco products (strong odors have an adverse effect on residents who are ill).
- i) Nails must be clean, well groomed and short. **NO NAIL POLISH SHOULD BE WORN.**
- j) Chewing gum is not permitted in the clinical area.
- k) Soft-soled shoes (no sandals or cowboy boots) which should look neat and clean. Shoes do not need to be white.
- l) Socks or hose need to be worn.
- m) Smoking and gum chewing on breaks only. No smoking is allowed in the classroom. The instructor will let you know the designated areas for smoking. No tobacco chewing or snuff during clinical days. Smokers, chewers, and coffee drinkers should use some kind of breath freshener.
- n) Note paper, pen and pencil in your pocket for note taking and writing down vital signs.
- o) If the work load permits, there are two 15 minute breaks. A break will be given in the morning and afternoon.
- p) Professionalism should be shown at all times. Professionalism is the conduct that meets the standards of the profession. There should be no boisterous behavior. You should act in a business like way and adhere to all the technical and ethical standard for a nursing assistant. Don't put your feet on a chair or bed. Don't sit on the floor in the hall.
- q) Students will be sent home for behavior that, in the instructor's judgment, endanger resident safety or are disruptive to the facility or to other students. These behaviors include, but are not limited to: coming to clinicals sick, overly fatigued, verbally or physically aggressive behavior or mentally or emotionally impaired. Fatigue is evaluated based on the student's ability to think clearly. The student will not return to the Nurse Aide class until he/she had met with the class coordinator and instructor.
- r) If any time is missed, you will be given an "F" and will have failed the class. You will not be eligible to take the State Exam.